

At St. Claire HealthCare, we understand that the journey to parenthood is a remarkable chapter in your life and we consider it an honor to be part of this extraordinary journey with you.

We can't wait to welcome you to our Labor and Delivery Unit and assist you in bringing your new baby into the world.

*Pre-Delivery
Tours Available*

Call at **606.783.7741** to schedule your private tour.



*Proclaiming God's Goodness
through a Healing Ministry to the
People of Eastern Kentucky*



Labor & Delivery Unit
St. Claire Regional Medical Center - 4th Floor
222 Medical Circle | Morehead, KY 40351
606.783.7741 | www.st-claire.org

Special Deliveries
ARRIVING DAILY



LABOR & DELIVERY UNIT

Expert Care

Our labor and delivery team includes an exceptional team of obstetricians, primary care physicians, midwives, nurses, and support staff working together to provide you and your baby with the highest level of quality, compassionate care.

St. Claire HealthCare - Primary Care
Appointments: 606.780.5500

- Amanda Ramey, DO (*Frenchburg/Morehead*)
- Elizabeth Matera, MD (*Olive Hill*)
- Amy Conley, MD (*Morehead*)

UK Morehead Women's Healthcare
Appointments: 606.207.2931

- Rachael Kelsey, MD
- Julia Nagle, MD
- Rebecca Todd, MD
- Melanie Abner, CNM
- Frances Meritt, CNM
- Haley Smith, CNM



Your unique
journey
deserves
unique care.

St. Claire HealthCare
offers comprehensive
services from prenatal
education to postpartum
support to prepare you
for the journey ahead.

- We tailor your care to meet your specific needs, ensuring your experience is as special as your family.
- Our serene birthing environment is designed to help you relax and focus on your baby's arrival.
- Labor in comfort with wireless monitoring in birthing rooms equipped to meet your every need.
- Bring your baby into the world in a secure unit with safety measures in place to protect you and your baby.
- Enjoy an enhanced emotional connection with your baby with the Kangaroo Care technique.

Frequently Asked Questions

If I'm a high-risk pregnancy, can I deliver at St. Claire?

Many women with high-risk conditions deliver at St. Claire HealthCare. It's important that you discuss your risk factors with your obstetrical provider and work together to design a delivery plan that's right for you.

What pain relief methods are available?

St. Claire HealthCare offers natural comfort therapies (birthing balls, patterned breathing, movement and position changes, distractions and focus, hydrotherapy, aromatherapy, music, etc.) as well as IV narcotics/sedation, epidural anesthesia, or intrathecal anesthesia.

Does St. Claire have a Neonatal Intensive Care Unit (NICU)?

The Labor & Delivery Unit is staffed with certified nurses who have received advanced training to stabilize and care for newborns in emergency situations until transport to a nearby hospital with a NICU.

Do you offer breastfeeding support?

Yes. St. Claire HealthCare offers consultations with a lactation and infant feeding specialist who will help you and your baby take advantage of the many benefits of breastfeeding. Outpatient support is also available.